

OCCUPATIONAL THERAPY FOOT ASSESSMENT

Name: _____

Chart # _____

Diagnosis: _____

Date: _____

Subjective Complaints:

History / Previous treatment:

WB Activity / Tolerance:

Footwear / Wear pattern:

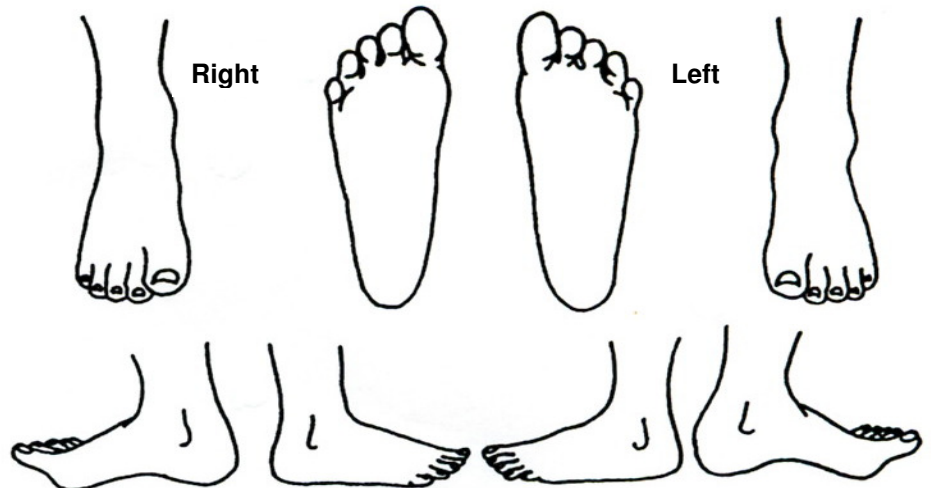
Skin, Sensation:

Lab Information: Shoe size

Body weight:

SITTING / SUPINE	RIGHT		LEFT	
	Pain / Synovitis	ROM(√, ↑, ↓)	Pain /Synovitis	ROM(√, ↑, ↓)
Hip				
Knee				
Ankle Achilles Tendon				
Subtalar PTT, Tarsal tunnel				
Heel PI fasciitis				
Midtarsal				
1st Ray				
1st MTP limitus, rigidus, FHL				
MTP's (2 - 5)				
IP's (1 - 5)				

- ## Pain
- S Swelling
- SX Subluxed MT Head
- HCT Hammer / Claw Toe
- HV Hallux Valgus
- N Subluxed Navicular
- C Callus / Corn
- MT Morton's Toe
- MN Morton's Neuroma
- A Arch Height (√, ↑, ↓)
- Sp Spur
- TB Tailors Bunion
- DR Dorsal Ridging



STANDING	RIGHT	LEFT
Knee varus, valgus, recurvatum		
Tibia varus, valgus, torsion		
Calcaneus (RCSP) vertical, varus, valgus Coleman block test		
Medial Arch ↓, ↑, PTT		
1st MTP FHL		
Toes hammer / claw, splaying, NWB		
Leg Length / Posture		

PRONE LYING	RIGHT	LEFT
Hindfoot Inversion / eversion		
Hindfoot in Subtalar Neutral neutral, varus, valgus		
Forefoot Position neutral, varus, valgus, PF 1 st ray (rigid or flexible)		
Ankle D/F knee flexed & extended		

WALKING	RIGHT	LEFT
Gait Trunk posture, balance, stride length, stance, speed, pain		
Contact Calcaneal inversion / eversion heel strike (light / heavy)		
Stance Knee varus / valgus ↑ pronation, ↑ supination, in / out toe, stance length		
Propulsion early supination, early heel rise, abd. twist, FHL late supination, apropulsion		

TREATMENT PLAN:

O.T. _____