

ACE Clinical Link Newsletter May 2019

Created and distributed by the Mary Pack Arthritis Program: A newsletter for health professionals working with people with arthritis

Editor's Message

This is my last newsletter, as I will be taking early retirement from Vancouver Coastal Health as of May 31st. I clearly have very mixed emotions. I am definitely excited about starting a new life on Vancouver Island. I plan to do a lot of hikes and engage in wildlife photography. And at night I will be using my telescope and camera to do astrophotography. And the sad part is saying goodbye to the many people I've come to meet in the province, all of whom are passionate about improving the care for people with arthritis. Keep up the great work that each of you do! And do say "hi" if you see me out and about on Vancouver Island.

Comments or questions always welcomed – our new Newsletter editor is - marie.westby@vch.ca
Follow us on Twitter - <https://twitter.com/VCHArthritis>

Save the Date for 2019 Health Professional Education Events!

ACE Clinical Exchange

The Clinical Exchange is a clinically-focused journal club that addresses topics of interest to a variety of health care disciplines. To participate, call in to the session a few moments before the scheduled start time. The presenter will provide a short 5 – 10 summary of the article and then lead the group in a discussion that focuses on the clinical relevance of the study findings. There is no need to pre-register.

Topic: Prevalence of Axial Spondyloarthritis Among Patients with Fibromyalgia

Presenter: Penticton Arthritis Team

Date: Thursday, May 16th

Time: 12:10 pm - 12:55 pm.

Place: Room 3, Third Floor, Mary Pack Arthritis Centre

Call-in Number: 604.681.0455 (Lower Mainland), 1.877.291.3022 (Rest of BC), 6679262#
(Participant Code)

Hip and Knee Arthroplasty Rehab: An Advanced Skills Workshop for Physical Therapists

This workshop for physical therapists takes place in Vancouver on Saturday, November 2nd and Sunday, November 3rd, 2019.

Early bird registration: \$500 (incl. \$24 GST) - by August 16, 2019

Regular registration: \$600 (incl. \$28 GST) - by September 20, 2019

This workshop was over-subscribed the last two times it was offered and so if you are interested in attending, I would encourage early registration. Previous attendees had this to say:

- *“Great, knowledgeable instructors, inspiring”*

- *“Comprehensive course from pre-hab, surgical approaches to post-op care”*
- *“Great balance of theory and practical”*

A workshop brochure and registration form can be found on the MPAP website - <https://bit.ly/2wUi04m>

Mary Pack Arthritis Program runs another successful ACE course!

Our annual 4-day workshop on Arthritis Assessment and Management for physical therapists, occupational therapists and nurses took place in March 11-14, 2019 at the Mary Pack Arthritis Program (MPAP) in Vancouver. A total of 36 clinicians practicing in public and private settings from throughout the province, as well as Ontario and Quebec, participated. The course faculty included health professionals and patient partners – we thank all of them for their valuable contributions again this year!

Feedback from this year’s participants:

- *“Very good education. I would highly recommend this to anyone working in rheumatology” (RN)*
- *“Finishing with the hands on assessments & case studies helped bring everything together so well.” (PT)*
- *“I like how I have tangible clinical skills to go home with” (OT)*

Fun facts:

- The ACE course has been offered for more than 25 years.
- In the past 10 years alone, 302 clinicians have participated and increased their knowledge, practical skills and confidence in treating clients with varied forms of arthritis.

The workshop will be offered again in Spring 2020. Look for information on our website <https://bit.ly/2wUi04m> later this fall. Register early to guarantee your spot!

ACE Workshop Participants – March 2019



PT Attendees: Cole Balaski, Vivian Cheng, Sherry Ann Chung, Michael Dharni, Siobhan Draper McEnnis, Hannah Fisher, Karen Forsman, Leslie Hopkins, Jacky Lam, Janet Lun, Tina O’Connor, Emma O’Shea, Brian Pearce, Frédérique Ponton, Nina Sharpe, Michelle Soh



OT Attendees: Faye Arnaly, Emily Brennan, Jennifer Li, Colleen Potter, Joseph Romanyk, Sara Schwartz, Ramanpreet Sidhu, Cloe Whittaker



Nursing Attendees: Chiky Andrion, Shawn Berteig, Allison Closs, Pamela Jules, Denise Jupp, Caitlin Keebaugh, Gillian Long, Saana Moller, Hema Rathod, Kennedy Towner, Jessica Wilford, Shulin Yang

Joining the Arthritis Health Professions Association (AHPA) has Many Benefits

AHPA is a Canadian professional body of allied health professionals working in the field of rheumatology. The mission of AHPA is to build and sustain a community of professionals who provide the best possible care to Canadians with arthritis through knowledge translation, engagement, and inter-professional collaboration.

I had the opportunity to ask Denise Jupp, one of this year's ACE Workshop attendees, to describe for me what she had gained by joining AHPA. Her response was as follows:

- Received financial assistance in the form of a bursary to attend the annual CRA/AHPA Scientific Meeting
- Gained great knowledge at the AHPA Pre-course to improve my practice
- Networked with advanced practice PTs, OTs and arthritis nurses from across Canada
- Kept updated with news via the monthly newsletter
- Gained organizational and leadership skills by being a committee member and a member of the AHPA board of directors

There are also other benefits of AHPA membership. The value and associated opportunities from the annual \$100 membership fee also include the following:

- Opportunities to remain up to date regarding evidence-based knowledge in the field of rheumatology and arthritis care
- Potential for sharing knowledge and expertise at an interprofessional level in the field of rheumatology
- Eligibility to apply for research grants
- Eligibility to apply for AHPA awards
- Voting privileges at Annual General Meeting
- Participation on AHPA committees

Check out the AHPA website for more information <https://www.ahpa.ca/home/>