

## ACE

### An introduction to the assessment & management of rheumatic diseases

Join us for a 4 day (virtual and in-person) course on best practices in the assessment and management of common rheumatic conditions. This course will provide approximately **23** hours of live instructional time with an additional requirement of **2-3** hours of pre-viewing.

**Virtual (via Zoom): May 2 & 4, 12:30 pm to 4:30 pm**

**In-Person: May 9 & 10, 8:00 am to 4:30 pm**

In person sessions will take place at the **Mary Pack Arthritis Center:**  
895 W 10 Avenue, Vancouver, BC

### Core & OT - specific content includes:

#### Virtual Content

- Overview of rheumatic diseases including rheumatoid arthritis (RA), spondyloarthritis & osteoarthritis (OA)
- Medical management of arthritis including the latest biologic drug therapy
- Nutrition & weight management for arthritis
- OA hand assessment & management overview
- RA hand assessment & management overview
- Arthritic foot assessment & management overview
- Pain management
- Physical activity guidance & support

#### In Person Content

- Patient education & self-management strategies with a patient partner
- OT arthritis assessment & documentation
- Assessment & management of trigger finger & tenosynovitis
- Joint protection, energy conservation & fatigue management
- RA hand management: splinting & joint protection
- Thumb CMC splint fabrication & management of OA hand
- Arthritis foot and gait assessment; treatment strategies
- Interdisciplinary case studies with a patient partner
- Certificate of completion

**Early Bird: \$700+GST**  
*Virtual only: \$150+GST*  
**Deadline MAR 1**  
(\$750/\$200+ GST thereafter)

**FINAL REGISTRATION  
DEADLINE APRIL 1**



Online registration opens **February 1, 2022**

**\*\*[Click Here to Register](#)\*\***

**Note:** under current BC Provincial health guidelines, all visitors to our facility require proof of full vaccination

FOR MORE INFORMATION, contact:

**Morag Crocker**

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**\*\* If you are a permanent VCH/PHC employee, please contact Morag Crocker to discuss possible course fee reductions\*\***