

## ACE

### An introduction to the assessment & management of rheumatic diseases

Join us for a 4-day (virtual and in-person) course on best practices in the assessment and management of common rheumatic conditions. This course will provide approximately 22 hours of live instructional time with an additional requirement of 6 hours of pre-viewing.

**Virtual (via Zoom): April 17 & 19, 12:30 pm to 4:30 pm**

**In-Person: April 24 & 25, 8:00 am to 4:30 pm**

**In person sessions will take place at the Mary Pack Arthritis Center:**  
895 W 10 Avenue, Vancouver, BC

#### Virtual Content (live & pre-recorded sessions)

- Overview of rheumatic diseases
- Medical management of arthritis
- Interdisciplinary pain management
- Nutrition and weight management
- Joint protection and energy conservation
- OA hand assessment and treatment
- Arthritis foot assessment & management
- RA hand (MCP, wrist, IP joint) Ax & Tx
- Physical activity and arthritis

#### In-person Content

- Arthritis joint count and assessment
- OA thumb & IP joint splinting & management
- Arthritis foot & gait assessment
- Arthritis foot management
- Self-management and patient education
- Arthritis patient and professional resources
- Interdisciplinary case studies (with patients)

**Full Course: \$700+GST**

**Virtual Only: \$150+GST**

**After Feb 17/23:**

Full course: \$750+GST

Virtual Course: \$200+GST

**FINAL REGISTRATION DEADLINE**

**MAR 17, 2023**



**Early Bird Pricing until  
Feb 17, 2023!**

**Register online:**

**[CLICK HERE after Jan. 10<sup>th</sup> to register](#)**

FOR MORE INFORMATION, contact:

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OT Clinical Resource Therapist Rheumatology, Mary Pack Arthritis Program

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*\*\* If you are a permanent VCH/PHC employee, please contact Nadine Soukoreff to discuss possible course fee reductions\*\**

**Note:** under current BC Provincial health guidelines, all visitors to our facility will be required to wear a medical mask while in the building