

An introduction to the PT assessment & management of rheumatic diseases

Join us for a 4-day (virtual and in-person) course on best practices in the assessment and management of common rheumatic conditions. This course will provide approximately 22 hours of live instructional time with an additional 6 hours of required pre-viewing.

Virtual (via Zoom): April 17 & 19, 12:30 pm to 4:30 pm

In-Person: April 24 & 25, 8:00 am to 4:30 pm

In-person sessions will take place at the Mary Pack Arthritis Center

895 W 10th Avenue, Vancouver, BC

Virtual Content (live & pre-recorded sessions)

- Overview of rheumatic diseases
- Medical management of arthritis
- Interdisciplinary pain management
- Imaging for arthritis
- Nutrition and weight management
- Joint protection and energy conservation
- History, clinical presentation and treatment principles for rheumatoid arthritis spondyloarthritis
- Osteoarthritis assessment and treatment
- Physical activity and arthritis

In-person Content

- Rheumatoid arthritis joint count and treatment
- Spondyloarthritis assessment and exercises
- Exercise prescription and case studies
- Self-management and patient education
- Arthritis outcome measures
- OA care pathway and programs
- Arthritis patient and professional resources
- Interdisciplinary case studies (with patients)

**Early Bird Pricing until
Feb 17, 2023!**



Full Course: \$700+GST
Virtual Only: \$150+GST

After Feb 17/23:
Full course: \$750+GST
Virtual Course: \$200+GST

FINAL REGISTRATION DEADLINE
MAR 17, 2023

Register online:

[CLICK HERE after Jan. 10th to register](#)

Note: under current BC Provincial health guidelines, all visitors must wear a mask and require proof of full vaccination

FOR MORE INFORMATION, contact:

Marie Westby, PT, PhD

PT Clinical Resource Therapist Rheumatology, Mary Pack Arthritis Program

marie.westby@vch.ca

604-875-4111 Ext. 68834

** If you are a permanent VCH/PHC employee, please contact Marie Westby to discuss possible course fee reductions**