

March 6, 2023

**Re: Changes to Arthritis Travelling Occupational Therapy Service (TOTS) Communities**

It is with regret that I write to say that we will no longer be providing arthritis travelling occupational therapy service (TOTS) clinics in the communities of Merritt, Lytton and Lillooet. All arthritis TOTS clinics have been paused for the past three years due to the COVID-19 pandemic but prior to this, referral numbers for these communities were too low to support continuing service. Service to Prince George stopped in 2019 due to the increased availability of local occupational therapy services in the area.

In 2023 we are resuming travelling clinic trips to Bella Bella, Bella Coola, Hazelton, Smithers, Terrace, Haida Gwaii, and potentially Williams Lake, pending confirmation by local community coordinators. We also welcome patients who are able to travel to any of our regular clinics in Vancouver, Penticton, Cranbrook or Victoria; we now have a well-established virtual care process that allows us to start assessment, education and some interventions virtually, until travel for in-person can be arranged.

Please fax a referral to 604-875-4321 to arrange for your patient to be seen at a future travelling arthritis occupational therapy clinic or at one of our regular clinics. Referral forms can be found on the Mary Pack website: <http://mpap.vch.ca>

If you have any questions, I can be reached at (604) 875-4111 ext. 68814, or by email at [morag.crocker@vch.ca](mailto:morag.crocker@vch.ca)

Sincerely,

Morag Crocker  
Occupational Therapy Practice Coordinator  
Mary Pack Arthritis Program

Cc: Rural & Remote Division of Family Practice  
MPAP Travelling Consultation Service Rheumatologists